



Executive & Life Coaching:

Executive & Life coaching is a relationship you build on a one-time, short-term, or ongoing basis with a certified professional Executive & Life Coach who meets with you to discuss any challenges, questions, problems, transitions, or major initiatives you are dealing with. The coach does not tell you what to do or spend the sessions giving you advice. Instead, with the use of focused listening and the use of insightful and targeted questions, the coach leads you through the multiple layers of your situation and thought processes to help you discover the answers within yourself and help you gain confidence in the choices that lie before you.

Anyone in a leadership role or in a position of responsibility, with high leadership potential and a desire to learn and grow, can benefit greatly from having an executive or life coach.

Executive & Life Coaching Packages & Fees:

- Any number of Executive & Life Coaching packages can be customized to meet the client's needs. The cost is \$195 for a single one-hour face-to-face session and \$185 for each additional session in the same contract. Zoom sessions are \$175 per one-hour session, with discounts for multiple sessions.

* Plus travel expenses.

* Plus books and/or materials, if used.

* 10% discount in Randolph County and for NCCCS, NCACCT, NCACCP, Nonprofits, Churches, and Military.

Additional Questions?

Ready to schedule an Executive or Life Coaching Session?

Call or email:

336-944-5485 / Info@ShacklefordLeadership.com